

APPENDIX A
PACKING LIST

PHASE 0, OCS Clothing and Equipment Checklist
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Like items are acceptable pending approval by OCS Company Commander
For Prohibited items see Appendix D (Contraband) of OC Guide (7 April 2013).

MINIMUM QUANTITY	ITEM DESCRIPTION	NOTES	PACKED
ADMIN ITEMS			
1 each	Identification Card, Military		
1 pair	Tags, Personnel ID w/ chain		
2 Copies	OCS Acceptance Letter		
ISSUED CLOTHING			
2 each	Belt, Trousers		
2 pair	Boots, Combat, Desert		
1 pair	Boots, Wet Weather (overshoes)		
2 each	Cap, ACU w/name tape		
1 each	Trousers, ECWS (Gore-Tex™)		
1 each	Coat, Cold Weather, ACU or Jacket, Gore-Tex		
1 each	Coat, Wet Weather		
1 pair	Gloves, Shell, Black Leather w/ inserts		
6 each	Coat, ACU with Velcro Name Tapes & Flag		
1 each	Jacket, IPFU		
1 pair	Pants, IPFU		
1 each	Shirt, long sleeve, IPFU		
2 each	Shirt, short sleeve, IPFU		
2 each	Shorts, black, IPFU		
1 each	Cap. knit, foliage green		
10 pair	Socks, cushioned		
6 pair	Trousers, ACU		
1 each	Trousers, Wet Weather		
10 each	Undershirt, Sand		
INDIVIDUAL EQUIPMENT			
1 each	Bag, Duffel		
1 each	Bag, Sleeping (Mummy or MSS)		
1 each	Bag, Waterproof		
1 each	Bag, Laundry		
1 each	Belt, Individual Equipment		
2 each	Canteen, Water, Plastic (1 qt)		
1 each	IFAC		
2 each	Case, Small Arms (required w/ LCE & FLC)	Not required w/ LBV	
1 each	Compass, Lensatic with case & Lanyard (FUNCTIONAL & MILITARY ISSUE)		

2 each	Cover, Canteen		
1 each	Cup, Canteen or Hydration Pack	Minimum of 1	
1 each	Entrenching Tool w/ Carrier		
1 each	Flashlight, L-shaped (w/ all lenses and batteries)		
1 each	Helmet, PASGT (Kevlar OR ACH) (Without cover)		
1 set	Knee/Elbow Pads		
1 each	Poncho		
1 each	Liner, Poncho		
1 each	Map Case, Green or Camo		
1 each	Mask, Chemical-Biological		
1 each	Mat, Sleeping		
1 each	Ruck, ALICE, with frame and shoulder straps (recommend LARGE)		
1 pair	Suspenders, individual equipment or Tactical Load Bearing Vest		
1 each	Whistle, Plastic, Black or Dark Green		
1 each	Camelback (color per AR 670-1) OR 2qt canteen w/cover		
1 pair	Eye Protection (PPE)		
ADDITIONAL REQUIRED ITEMS			
1 each	Bee-sting allergy kit (by prescription)		
5 each	Bag, Zip-Lock, Plastic (12 x 12)		
5 each	Bag, Zip-Lock, Plastic (8 x 8)		
5 each	Bag, Zip-Lock, Plastic (6 x 6)		
1 pair	Plug, Ear w/ case		
3 each	Pen, Black, ball-point		
2 each	Pen, Sharpie, fine point, black		
1 each	Ruler, 12" Clear		
2 each	Book, Memo 3.5" x 4.5"		
1 each	Marker, Permanent, Black		
1 each	Notebook, Steno Type		
2 packs	Index Cards, 3" x 5" (100 per pack)		
1 set	Pens, Alcohol, super fine, red, blue, black, green		
1 each	Pen, cleaning (alcohol)		
2 each	Pencil, mechanical		
2 each	Coordinate Scale and Protractor		
1 each	Camouflage Compact or Stick		
1 each	Foot Powder		
1 each	Insect Repellant		
1 each	Lipstick, Anti-Chap		
1 each	Pre-Sun 15, 4 oz		
3 each	Brassiere, Athletic/Sports type (Female)		
1 kit	Shoe Shine Kit, Desert boot Cleaning Kit		
1 pair	Shoes, Running (conservative in color)		
1 pair	Shoes, shower (conservative in color)		

COMMON ITEMS			
2 pair	Laces, Combat Boot (spares)		
25 feet	Parchute/550 cord		
5 pair	Mid Calf Socks, White, Running (no logos or stripes)		
1 role	Black electrical tape		
1 set	Sand Table Kit for Phase II & III		
1 kit	Toilet Articles, (as required): toothbrush, toothbrush case, toothpaste, soap, soap dish, shaving gear, mirror, comb or small brush, feminine hygiene articles, dental floss, mouthwash, antiperspirant. No electric razors		
4 each	Towel, Bath, Brown		
2 each	Washcloth, Brown		
10 each	Underwear, White, Black, Brown or Sand		
3 each	Padlock, combination (SERVICEABLE, must fit on duffle bag)		
1 each	Watch, Wrist (Black/Green/Sand)		
1 pair	Blousing rubbers (elastic with hooks)		
10 each	Coat Hangers, Copper		
2 pair	Government Issued eyeglasses w/ strap (if required by prescrip; no contacts) 1 pr worn, 1 extra		
1 set	Civilian clothes (worn in transit)		
4 each	Battery, D cell (2 in flashlight)		
OPTIONAL ITEMS			
1 pair	Boots, ECWS (Gore-Tex™) or Extra Pair of Boots		
3 each	Long Sleeve T-shirt, Sand		
	Headlamp		
	Cold Weather Under Armor Top and Bottoms	May replace Polypro	
2 each	Top, Underwear, Polypropylene		
2 each	Bottom, Underwear, Polypropylene		
1 each	Sewing Kit		
1 each	Calamine Lotion		
1 each	Chigg-Away		
1 each	Athletic Supporter (Male) w/ cup		
2 each	Tabs, Blousing (Velcro)		
	Money to cover incidental, do not bring excessive amounts of money to training.		

APPENDIX D
CONTRABAND ITEMS

PHASE 0, OCS Clothing and Equipment Checklist
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D-1. Contraband. The following items are considered contraband and will be secured IAW local SOP. The Platoon Trainer staff may grant use of some of these items during Intermediate or Senior Phase as phase privileges. See Appendix A for more information.

1. Tobacco products.
2. Alcohol.
3. Any supplements taken to enhance performance.
4. Medications not prescribed by a Physician.
5. Food (to include gum, candy, cough drops, mints, etc.) No food will be taken out of the DFAC or brought back from the field.
6. Contact lenses.
7. Irons.
8. Stoves.
9. Heat tabs.
10. Cosmetics.
11. Hair nets & curlers.
12. Perfumes, colognes, or after-shave.
13. Body sprays.
14. Electric or battery operated razors.
15. Digital/tape recorders, CD players, Walkman, MP3 players.
16. Radios, portable TV/ DVD players.
17. **Cellular phones.**
18. **Pagers, beepers.**
19. Laptop/palmtop computers.
20. Global positioning devices.
21. Civilian clothes.
22. Magazines and Newspapers.
23. Bayonets, fixed-blade knives, or knives over 3”.
24. Any lotion other than non-scented.

25. Any handheld electronic devices (i.e., video game players, palm pilot, organizers).

26. Adult material of any kind.

27. Vitamins.

a. Regarding items 1-4: These items could cause severe physical harm if they are used under the strenuous conditions placed on the candidate throughout the course.

b. This list is not all-inclusive. Items that are not listed above are subject to cadre discretion. If you have questions concerning a particular item ask your Platoon Trainer for additional guidance.

c. You will be verbally counseled on retaining any of these items. If any contraband is found on you or in your room at any time during the course you will be subject to disciplinary action.