



UNI Crisis Services

University Neuropsychiatric Institute (UNI), in partnership with Salt Lake County and OptumHealth SLCo, is now providing comprehensive crisis response to Salt Lake County residents.

CrisisLine

UNI CrisisLine provides 24-hour phone service staffed by mental health professionals. These specialists provide crisis intervention, suicide prevention, information and referral, emotional support and assistance to individuals experiencing emotional distress or psychiatric crisis.

The Warm Line

The Warm Line, (801) 587-1055, is a recovery support line available daily from 3 p.m.–11 p.m. Certified peer specialists provide callers with support, engagement and encouragement. They promote wellness in a nonjudgmental and respectful manner by listening, empowering a person to resolve his or her own problem, and fostering a sense of hope, dignity and self-respect.

Mobile Crisis Outreach Team

UNI Mobile Crisis Outreach Team (MCOT) is an interdisciplinary team of licensed professionals and certified peer specialists. Available 24/7, they provide crisis resolution services for anyone experiencing or at risk of a mental health crisis requiring intervention.

This team provides rapid response, face-to-face assessment and crisis intervention throughout Salt Lake County. UNI MCOT also offers consultation and support to individuals, families and treatment providers. Follow-up services provide information, referrals and linkage with appropriate community-based mental health services for ongoing treatment.



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Receiving Center

The UNI Receiving Center (RC) is an innovative program providing a short-term, secure crisis center for up to 23 hours. The RC is designed to offer a safe, supportive and welcoming environment to both voluntary and involuntary individuals. It recognizes each person as a guest and provides the critical time needed to work through his or her crisis.

The center features the “Living Room” model including peer support and clinical staff. Treatments include therapeutic crisis management, strength-based assessment utilizing peer specialists, health screenings to determine health-care needs, assessment by a licensed mental health professional, medication intervention, safety, security and assistance in discharge planning. The RC acts as the primary receiving facility for law enforcement officers and EMS personnel in Salt Lake County.

Wellness Recovery Center

The Wellness Recovery Center (WRC) is a short term residential program for Salt Lake County residents experiencing an acute mental health crisis. The Center follows a recovery/resiliency model. Staffed by a team of nurses, social workers, psychiatric technicians, consulting psychiatrists and certified peer specialists, the WRC provides crisis triage and intervention, assessment services, medication intervention, safety, security and assistance in alleviating the crisis.

Peer Bridger Program

The Peer Bridger program provides WRC consumers with continued follow-up and support for up to 30 days after leaving the WRC. Peer Bridger assists clients in making appointments with treatment providers, organizing transportation to appointments, obtaining documents and negotiating systems of care. All of which are crucial elements for successful transition back into the community.

The Peer Bridger Program provides a unique and personal level of support and service to effectively deliver consistent, uninterrupted quality care to individuals transitioning into the community from hospital or WRC stays.



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