

AN  
ARMY  
OF  
ONE

## **BRIEFING AND INTRODUCTION OF THEME**

### ***Briefing #1***

Long before the world was even created, Satan and his followers have raged against the forces of good and have tried to outsmart God and stop his work. Today the struggle is still going on and with great passion. It is the most terrible war that has ever happened because the purpose of the battle is to ruin your eternal soul and mine.

The apostle Paul told us how we could arm ourselves against this conflict.  
(Have the following scripture on a posture to be read)

“Be strong in the Lord, and in the power of his might. Put on the whole armour of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day.”  
(Ephesians 6:10-13)

Every day we must arm ourselves against the power of Satan. We will stand united together as an army of one to defeat the great destroyer. We as a stake will spend these next three days together learning how to defend ourselves. If we will stand together with our Heavenly Father and his Son Jesus Christ we will be victorious. We will learn throughout the next few days, ways to help build our armour to be strong. Listen closely to what you are taught and all will be well.

We have dog tags with your name on it to remind us that our Heavenly Father knows each one of us individually and by our name. He knows everything about us and most of all he loves us and wants us to return home with him. Hang tough and all will be well. Instructions will be given on what is expected of us as we move forward to Vivian Park (We will at this time tell them what station they will be going to and how the rotation will go)

### ***Briefing #2***

Today we have spent the day learning different skills, developing friendship and enjoying this work that has been created for us. We are on the right path to strengthening our armour. Elder Ballard has given us different ways that will help us stand strong and defeat Satan and the power of evil. #1 Rely on the Protective Power of Prayer. Pray always, that you may come off conqueror; yea, that you may conquer Satan, and that you may escape the hands of the servants of Satan that do up hold his work” (D&C 10:5) I know that it is hard to wake up in the morning and pray and to pray at night when we are so tired. Prayer is one of the greatest protections that we have against the powers of Satan. I challenge you to use it every day and I promise you that if you will you will be able to feel the influence of our Heavenly Father guiding you along your way.

### ***Briefing #3***

#### **#2 Rely on the Protective Power of the Scriptures**

When Nephi's brothers asked him what the meaning of the rod of iron was, Nephi "said unto them that it was the word of God; and whoso would hearken unto the word of God, and would hold fast unto it, they would never perish; neither could the temptations and the fiery darts of the adversary overpower them unto blindness, to lead them away to destruction (1 Nephi 15:24) Isn't that the protective power that we all seek? Knowledge gained through our study of the scriptures teaches us how to get protection from the devil for ourselves.

### ***Briefing #4***

#### **#3 Watch Yourself**

In his last great address to his people, King Benjamin said: "If ye do not watch yourselves, and your thoughts, and your words, and your deeds, and observe the commandments of God,...ye must perish. And now, O man, remember, and perish not (Mosiah 4:30)

What does it mean to watch ourselves? To set limits and boundaries that we will never cross over, before we are in the situation. Example. Limit the time that we spend alone with someone of the opposite sex, don't be in dark places with them. Do not look at pornography. These are just a few that will help make our armour strong if we will watch ourselves.

### ***Briefing #5***

#### **#4 Draw on the Merciful Grace of God**

"If men come unto me I will show unto them their weakness. I give unto men weakness that they may be humble; and my grace is sufficient for all men that humble themselves before me; for if they humble themselves before me, and have faith in me, then will I make weak things become strong unto them (Ether 12:17)

This scriptures tell us that the Lord gives us weaknesses – not sin, but weaknesses- so that we may be humble. It is through humility that we listen to the words of the Lord and our leaders that he has called over us. By listening to them, our armour will become stronger and stronger.

### ***Briefing #6***

#### **#5 Remember that Reverence invites Revelation**

Elder Ballard tells us that a lack of reverence will weaken our armour and make us be vulnerable to the forces of evil. "Trifle not with sacred things," (D&C 6:12) The world

treats lightly the things that matter the most in this world. The media jokes and pokes fun at even the most sacred things. Pres. Boyd K. Packer said “Reverence invites revelation” When treat sacred things with reverence the Lord will reveal to our minds and hearts those things that will help us beat Satan and his helpers. I know that we can do this. I know that these last few days we have become “An Army of One”. One that is ready and willing to stand up for what is right and good. I challenge each one of us to **put on the** armour of God and stand true to what is right and I promise you if we do this we will be blessed.

**NOTES TO THE EVALUATOR:**

- Brief leader inside POW compound.
- Students do not use weapons.

**MISSION BRIEFING:**

#1 You are standing by a drunken man and his name is Laban. He has tried to kill you and your brothers. The Lord has commanded you to bring back the plates and he is standing in your way. The Lord has delivered him into your hands but you have never killed anyone before. You know that you need to do this. You need to be obedient and have the courage to stand up for what is right. You obey. Laban is slain and you have obtained the plates of brass. You and your brothers must escape or face being caught and possible death. The only escape route is to cross the moat and go over the wall.

A sound alarm will activate if there is any movement of the water. The guards will be on the front wall and will hear any loud talking or loud noises.

The guards of the city have left a ladder and two lengths of rope. These will aid in your escape. Use any other loose equipment found in the area.

Hurry this is your only chance to survive.

1 Ne 4:6 "And I was led by the Spirit, not knowing before hand the things which I should do." Begin your mission.

**SAFETY REQUIREMENTS**

- Do not climb ladder while tilted and supported only by students.
- The small pipe should be inserted securely in the large pipe before using it to aid in escape.
- Do not walk across pipe.

**NOTES TO THE EVALUATOR:**

-Short board is a distracter. The leader using the supply box as a ladder can accomplish a visual reconnaissance.

**MISSION BRIEFING:**

#2 The Lord has commanded Nephi to build a ship to cross the waters to the promised land. Laman and Lemuel are very mad. They think that Nephi is crazy and doesn't know what he is doing. They want to beat Nephi up but the Lord will not let them touch him or they will wither up. Nephi knows that the ship is urgently needed in order to be obedient to the Lord and get to the promise land. You need to help get the boat and a box full of supplies there. You need to scale up the side of the boat and then cross the waters. The water is big and could be very dangerous.

Remember that the waters are very high and fast. Anything touching it will be swept away by the force of the current.

This board has been discovered while you were checking everything out. Use it if necessary.

1 Ne 17:3 "And thus we see that the commandments of God must be fulfilled..."  
Begin your mission.

**SAFETY REQUIREMENTS:**

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- Do not allow students to tie rope around any part of their body.
  - Do not allow students to swing across the obstacle.
  - Brief all students to relax, if falling into the water, and let the water break their fall.
  - Do not slide down pole and jump/push off from it on the dismount
  - Position one safety personnel/spotter on the far side while students are dismounting.
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(This will either be #3 which might be off limits to civilians, if it is then it needs to go to #15)

**NOTES TO THE EVALUATOR:**

-Ensure personnel stay on working side and do not drift while observing and supervising.

**MISSION BRIEFING:**

#3 The people of Limhi are being persecuted by the Lamenites. They would smite them on their cheeks, and exercise authority over them and began to put heavy burdens upon their backs. The Nephites have not been a righteous people, but they go to battle against the Lamenites. They do not have help from the Lord and they are defeated. There was great mourning from the people because of the loss of their loved ones, so they went to battle again. Again they were beaten and suffered much loss. A third time they went to battle and were beaten. The Nephites began to humble themselves and remember the Lord. Ammon and his brethren came into the land and the people were filled with joy in hopes that they would help deliver them from bondage. It is your responsibility to help them get free. You need to take a box of wine to the Lamanite guards to get them drunk so that the Nephites can escape by the back pass. You and those that will help you must cross the river and take the box to the guards. There are no bridges to help you cross. All that is available to help you are these two columns supporting the rail over the river.

The ends of the twisted offshoots connected to the rail are razor sharp. The wine cannot be taken out of the box. Use this rope to help your team cross the river.

Mosiah 21:14 “And they did humble themselves even in the depths of humility; and they did cry mightily to God;...that he would deliver them out of their afflictions.”  
Begin your mission.

**SAFETY REQUIREMENTS:**

- Do not allow students to tie rope around any part of their body
  - Do not allow students to swing across the obstacle.
  - Brief all students to relax, if falling into the water, and let the water break their fall.
  - Do not slide down pole and jump/push off from it on the dismount
  - Position one safety personnel/spotter on the far side while students are dismounting.
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(This is either #3 or #15 which ever one we can do. #3 might be off limits to civilians.)

**NOTES TO THE EVALUATOR:**

- Can start on either side.

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**MISSION BRIEFING**

#15 The people of Limhi are being persecuted by the Lamenites. They would smite them on their cheeks, and exercise authority over them and began to put heavy burdens upon their backs. The Nephites have not been a righteous people, but they go to battle against the Lamenites. They do not have help from the Lord and they are defeated. There was great mourning from the people because of the loss of their loved ones, so they went to battle again. Again they were beaten and suffered much loss. A third time they went to battle and were beaten. The Nephites began to humble themselves and remember the Lord. Ammon and his brethren came into the land and the people were filled with joy in hopes that they would help deliver them from bondage. It is your responsibility to help them get free. You need to take a box of wine to the Lamanite guards to get them drunk so that the Nephites can escape by the back pass. You and those that will help you must cross the river and take the box to the guards. There are no bridges to help you cross. The only things left are the steel frames and two boards.

Mosiah 21:14 “And they did humble themselves even in the depths of humility; and they did cry mightily to God;...that he would deliver them out of their afflictions.”

Begin you mission.

**SAFETY REQUIREMENTS:**

- none
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**NOTES TO THE EVALUATOR:**

- none

**MISSION BRIEFING:**

#4 You have found out that Amulon is exercising authority over Alma and they are persecuting Alma and his brethren. Their afflictions were so great that they were calling upon the Lord mightily. Amulon commanded them that they should stop praying to the Lord and if anyone was caught praying they would be put to death. You and you team need to go in and save them. You and your team must cross the river at the bridge. Six boards have been discovered by your team in the area around the bridge and may be used to help you cross the river.

The river is deep and fast and anyone falling in will surely drown.

Mosiah 24:16 “And it came to pass that so great was their faith and their patience that the voice of the Lord came unto them again, saying: Be of good comfort, for on the morrow I will deliver you out of bondage.”

Begin your mission.

**SAFETY REQUIREMENTS:**

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- Do not allow students to walk directly on the rails
  - Do not jump to dismount. Sit, and push-off.
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**NOTES TO THE EVALUATOR:**

-All work must be done from on top of the platform

**MISSION BRIEFING:**

#5 The Lord has told Lehi that you need to go back to Jerusalem to get Ishmael and his family to come with you into the wilderness. You were obedient and went to Ishmael and gained favor in his sight and the Lord did soften the heart of Ishmael and his family to come with you. As you were journeying in the wilderness Laman and Lemuel and some of Ishmael's family rebel against you and Nephi. They want to go back to Jerusalem. Nephi tries to talk to them and asks them "Have you forgotten that ye have seen an angel of the Lord?" But his brethren are very mad and they did bind Nephi with cords and they sought to take away his life. Through faith Nephi's cord are loosened. You and your team must go and help him get his family and Ishmael's family back to Lehi before more trouble breaks out.

You and your team must get across the stream with a barrel that is filled with food and proceed to your group. The only salvageable parts of the center span are these two boards.

One of your team members also has a rope, which may be used.  
You all must get across the stream and proceed toward Lehi's camp.

1 Ne 7:17 "But it came to pass that I prayed unto the Lord saying: O Lord, according to my faith which is in thee, wilt thou deliver me from the hands of my brethren;... behold the bands were loosed from off my hands and feet"  
Begin you mission.

**SAFETY REQUIREMENTS:**

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- Roll the barrel over the boards rather than carry it.
  - Do not stand boards on end and drop them in an attempt to cross the stream
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**NOTES TO THE EVALUATOR:**

- None

**MISSION BRIEFING:**

#6 You have heard that Alma and Amulek are imprisoned and smitten. The believers and their holy scriptures are burned by fire. The prison walls fall down and Alma and Amulek are delivered and their persecutors are slain. You need to go and help Alma and Amulek with any others that want to take away their lives. As you and your team are going to help them, you encounter this concrete abutment.

You and your team must move through the culverts and deliver a box to Alma and Amulek.

Members of your team have discovered two boards. Use them if necessary

Alma 14:26 “And Alma cried, saying: How long shall we suffer these great afflictions, O Lord? O Lord, give us strength according to our faith which is in Christ...And they broke the cords with which they were bound.” Begin your mission.

**SAFETY REQUIREMENTS:**

- Do not allow students to jump across the obstacle.
  - Ensure students are sitting and slide down the board when dismounting.
  - One safety personnel/spotter should be located on the far side to observe the dismount.
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**NOTES TO THE EVALUATOR:**

- None

**MISSION BRIEFING;**

#7 Ammon goes to the land of Ishmael and serves King Lamoni. After he had been there serving the king for three days he was with the Lamanitish servants with their flocks to give them water. While they were there a certain number of the Lamanites began to scatter their flocks. The servants were so scared because they knew that King Lamoni would now kill them. But Ammon took out his sword and began to cut off the arms of the Lamenites arms to protect the flocks. You need to get there fast and help him before all the flocks are gone. Take your team and this box of swords and get over to the far side of the stream. One of your team members brought a rope with him from the rear and you found this board in the immediate vicinity. For security reasons, all equipment must be recovered or left on the far side. Get going before it is too late.

Alma 17:19 "I will show forth my power unto these my fellow-servants, or the power which is in me, ...that I may win the hearts of these my fellow-servants, that I may lead them to believe in my words." Begin you mission

**SAFETY REQUIREMENTS;**

- Do not allow students to tie rope around any part of their body.
- Do not allow students to swing across the obstacle.
- Brief all students to relax, if falling into the water, and let the water break their fall.
- No jumping from the crossbar or board.

**NOTES TO THE EVALUATOR:**

-The boards must remain in order to be used as insulators. Only one individual and the round must cross the obstacle. Cannot decide to go under the pipes.

**MISSION BRIEFING:**

#8 The Nephites are very wicked. They have rejected and stoned the prophets. Because of their wickedness they are encircled about by demons and they seek for happiness in doing iniquity. The Lord sends Samuel the Lamenite to preach repentance to the people. Many of the Nephites hearts are so hard that they throw stones and shoot arrows at Samuel. You and your team need to save him from the Nephites. You are in charge of getting the weapons to protect him. You can see the righteous Nephites signaling you to hurry. In the immediate area you find a rope, two boards and two 55 gallon drums which you decide can be used to assist you.

One of your team members notices wires connected to the pipes and believes them to be electrically charges.

Samuel needs you. Hurry before it is too late.

Helaman 16:3 “Now when they saw that they could not hit him, there were many more who did believe on his words insomuch that they went away unto Nephi to be baptized.”  
Begin you mission.

**SAFETY REQUIREMENTS:**

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- Do not stand on 55-gallon drums
  - Do not jump from pipes to the far side.
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**NOTES TO THE EVALUATOR:**

- All work must be done from on top of the platform.

**MISSION BRIEFING:**

#9 Many of the Lamanite had been converted to the gospel. After their conversion they were very sad because of all those that they had killed. Because of their sadness they had decided to take all their weapons of war and bury them in the earth never to take them up again because they did not want to shed blood. But the Lamanites that did not believe in God were coming upon them and they knew that if they did not do something they would die. They were about to take up the weapons but Helaman did not want them to break their oath. But they had sons that had not made the oath and the covenant that they would fight for their liberty. There were 2000 of these young men that took the oath to defend their country and Helaman did march at the head of his two thousand stripling soldiers. They need your help. You have discovered that two boxes of swords have been left behind by the enemy when they departed the area the previous night. You contact your headquarters and they instructed your patrol to return with the swords immediately.

On your return you encounter a burned bridge over a deep gorge that must be crossed in order to get back before dark.

For security reasons all equipment must be carried with you.

Alma 56:47 “Now they never had fought, yet they did not fear death; and they did think more upon the liberty of their fathers than they did upon their lives; yea, they had been taught by their mothers, that if they did not doubt, God would deliver them.”

Begin your mission.

**SAFETY REQUIREMENTS;**

- Do not jump from boards to platform.
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**NOTES TO THE EVALUATOR:**

- Supplies can be taken out of the cart to reduce weight.
- Cart can be carried or pushed instead of being rolled.

**MISSION BRIEFING:**

#10 You have heard that Amalickiah wants to be king and all those that were seeking power wanted him to be king too. Because of his wickedness and much flattery he lead many of the people of God away from the church to do wickedness, to destroy the people of the church and to destroy the foundations of liberty. When Moroni heard about this he was very angry with Amalickiah. He then rent his coat; and he took a piece of it and wrote upon it “In memory of our God, our religion, and freedom, and our peace, our wives, and our children and he fastened it upon the end of a pole. He then called it the title of liberty. You are needed to support and help Moroni and the people of the church. They need supplies. You and your team are on your way to deliver a cartload of supplies when you encounter this destroyed bridge.

There is another bridge in your sector but using it will cause a two hour delay in getting the supplies forward.

Your team has located a pile of trees that you decided can help you move over the bridge. You brief your commander and he informs you to take the trees with you to the far side for security reasons.

Alma 46:”And it came to pass that he rent his coat; and he took a piece thereof, and wrote upon it—“In memory of our God, our religion, and freedom, and our peace, our wives, and our children—and he fastened it upon the end of a pole.”

Begin your mission.

**SAFETY REQUIREMENTS:**

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- Watch the boards for cracks or excessive bending that could break boards while students and /or equipment is being moved across them.
  - Have observing team walk along the bank to act as spotters.
  - Be cautious on ramps, especially when wet.
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**NOTES TO THE EVALUATOR:**

-None.

**MISSION BRIEFING:**

#14 There has been a war that has commenced since the beginning of time. The war that was in Heaven between Heavenly Father's plan and Satan's plan. That war still continues on this earth today, the war between good and evil. There are only two churches on the earth, the church of the Lamb of God and the church of the devil. This war will exist with great devastation at the end of the world or right before Christ comes to the earth. Your mission is to help defend good. To stand up for the church of the Lamb of God. Your team has been ordered to help reinforce the platoons left flank where the 2<sup>nd</sup> squad is pinned down and cannot move. The platoon is in heavy contact and the last you heard the 2<sup>nd</sup> squad could only hold out another 15-20 minutes. You need to move your team into a location to place small arms fire on the enemy long enough for 2<sup>nd</sup> squad to pull back and regroup.

In route you encounter this field that you must cross that is filled with traps of every kind. The team members have found some equipment to help you accomplish your mission.

Take all equipment with you for use on your return. Begin immediately before it is too late. Good luck.

1 Ne 14:14 "And it came to pass that I Nephi, beheld the power of the Lamb of God, that it descended upon the saints of the church of the Lamb, and upon the covenant people of the Lord, who were scattered upon all the face of the earth; and they were armed with righteousness and with the power of God in great glory."

Begin your mission.

**SAFETY REQUIREMENTS:**

- Students should sit or kneel on the platform on top of the wall.
- Watch for ladder swinging out of control when students try to recover it.
- Keep observers clear of the area.
- Place spotters around the wall when the working team gets individuals on top of the wall.